

**PROVOX<sup>®</sup>**  
**Life** Breathe better,  
whatever you do

**Provox Life<sup>™</sup>**

**Easier breathing with  
Provox Life Energy HME**

**Atos Customer Care team are here to support you with your journey towards enjoying your everyday activities and can help you with getting started with Provox Life™ Energy HME.**







# Easier breathing, whatever your activity

If you're looking to become more active post-laryngectomy, there are many activities that can help keep you fit and healthy. Being active is important, not only for your physical health but also for your well-being and happiness.

With the summer on its way, perhaps you're looking to start a new hobby or revisit something you used to enjoy. You may want to start practising meditation, going out for walks or enjoying a game of bowls with some friends. If so, then it might be a good time to try Provox Life Energy HME.



## Helping you to breathe with more ease

Energy is designed to offer a lower breathing resistance whilst providing good humidification. It may help you in situations where you need to catch your breath for a few minutes. Perhaps when climbing stairs or doing household chores. Energy can easily be swapped over with another HME to fit your situation. It can offer better breathability, whatever you do.

You can easily change your HME to fit whatever you're doing and it may also help to:

- Improve lung health
- Reduce excessive mucus production
- Reduce coughing



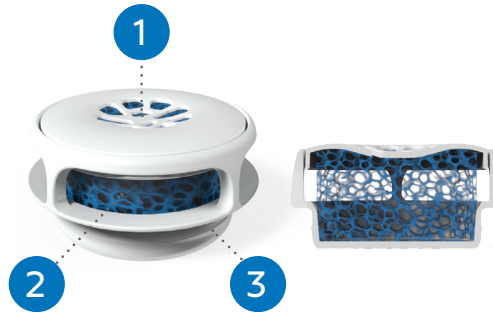
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“I’ve started using Energy HME when I go out for long walks with the dog. This HME is the best thing for that, and I have used Energy HME for playing my cornet, as there is more airflow.”



## A closer look at Provox Life™ Energy HME

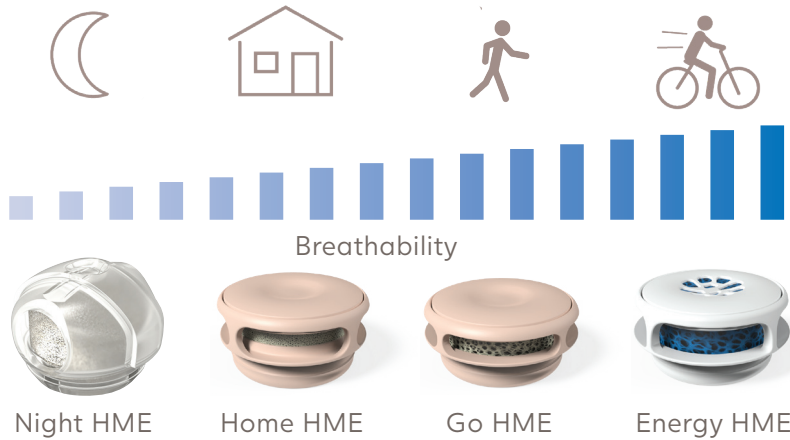
Provox Life Energy provides the best breathability so you're never short of breath, no matter what you do.



- 1 Extra holes on top to prevent accidental occlusion.
- 2 Less dense foam for increased breathability.
- 3 SecureFit™ technology for extra peace of mind.



Being more active starts with trying something you enjoy and can add to your everyday routine. Due to its low breathing resistance, Provox Life Energy is a versatile HME and suitable for a range of activities.



## Why not try Provox Life™ Energy for these activities?

For most people, the easiest way to get moving is to make activity part of everyday life. People are active in different ways. For some, being active means going for a walk outdoors in the fresh air. It could also be when you're out gardening, playing a round of golf or going for a jog.



Gardening



A yoga or a Pilates class



Bowls



A round of golf



Gentle jogging



Walking the dog



# Provox Life™ Energy HME is compatible with all Provox Life™ Adhesives

Developed with you in mind, Provox Life offers a complete, flexible solution that helps to support you with your personalised day and night routine.

Provox Life Energy HME has SecureFit technology and is compatible with all Provox Life Adhesives – so, there's no need to change your adhesive. Simply, SecureFit click and go.



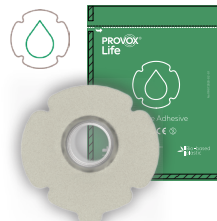
Provox Life™ Energy HME



Provox Life™ Stability Adhesive



Provox Life™ Night Adhesive



Provox Life™ Sensitive Adhesive



Provox Life™ Standard Adhesive





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I have a totally different life now, I can breathe better, sleep better and have confidence if say I walk into a shop and cough. Riding a pushbike was challenging before as I felt at times I just could not draw in enough oxygen, I can with ease with the Provox Life™ Energy HME.

- Paul Walker, Provox Life™ User





If you would like to start using Provox Life™ Energy HME you can contact our Atos Customer Care team. They will help support you with ordering and help you to achieving your goals with your new HME.



**Call or text us**

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